



ESEDRA
Société de services

www.esedraservices.com

Scheduled for September 2019 – Babies Section

Continuing our educational programme, our team of nursery carers will stimulate the children's development through the **"five senses"** while helping them to discover their environment by offering suitable **sensory activities**. These activities will take various formats and will focus on one or several senses at the same time.

All throughout September, the children will have the chance to explore several types of activities carefully set up by the team. The children will be offered fine motor skills and touch discovery workshops with the **"tray of feathers"** and the **"touch-and-feel board"**, as well as **"story time"**, activities to discover hearing such as **"percussion"**, activities to discover sight with the **"light table"** and **"flying scarves"**, as well as artistic workshops with **"yoghurt painting"** and **"free drawing"**.

Given the importance of free play and free exploration of the environment in the children's development, they will also be provided with suitable toys and games for their age: rattles, musical instruments, toy cars, books, pull-along toys, abacuses, spinning tops, scarves, animal stacking games, tea sets, etc.

The culinary activity will take place every Thursday and will help develop the children's sense of taste, smell and touch. This month, the culinary activities will revolve around the discovery of cheese, fruits or aromatic herbs: discovering **goat's cheese**, **tarragon**, **orange juice** and **lemons** will be part of the programme.

The psychomotor activity, which will take place on Wednesdays, will support the children in their motor skills development and allow them to understand their body better spatially.

The **Chaise Musicale** workshop will be back in September to help the children discover music.

ESEDRA Sprl

Head office: Place de Jamblinne de Meux 30 - 1030 Brussels – Belgium

Tel: +32 (0)2743 45 20

VAT: BE 455 532 586





ESEDRA
Société de services

www.esedraservices.com

Scheduled for September 2019 – Toddlers Section

This month, the nursery carers in this class have chosen to tackle the theme of the **start of the school year** with the children.

The children will get the chance to discover the theme thanks to picture books, **songs, artistic and creative activities** (crafts, making a calendar and a clock, decorating the first letter of their first name, colouring in school equipment, etc), **handling** workshops (plasticine, collage workshops, etc), as well as **sensory workshops** (making a 3D school bag, etc), always in connection with the theme of the month.

Alongside this theme, and taking into account the importance of free play in their development, the children will be offered various games, such as construction games (Kapla, Lego, blocks, etc), imaginative play (dolls, tea sets, etc), board games (puzzles, etc), dressing up, musical instruments, etc.

The **culinary activity** will take place every Wednesday. This month, our young chefs will get the chance to make a **feta sandwich**, a **peach and banana milkshake**, a **birthday cake** and a **vegetable and chicken paella**.

The **psychomotor activity** will take place every Tuesday. This will help the children stimulate their motor skills development and their understanding of space and social interaction.

The **Chaise Musicale** workshop will be back in September to help the children discover music.

ESEDRA Sprl

Head office: Place de Jamblinne de Meux 30 - 1030 Brussels – Belgium

Tel: +32 (0)2743 45 20

VAT: BE 455 532 586





ESEDRA
Société de services

www.esedraservices.com

Scheduled for September 2019 – School Section

All throughout September, we will tackle the themes of “**The start of the school year**” and “**The family**”.

During the first half of the month, the children will get the chance to discover the theme of the start of the school year through various activities: discovering the theme with picture books, songs, group workshops, making a board with the class rules, collages, sensory painting, sensory trays, outdoor games, reasoning games (matching the same letters and the same numbers), creative workshops and crafts, reading stories, etc.

While during the second half of the month, we will focus on the family: Discovering the theme with a picture book and the children’s family photos, songs, making a family tree, recognising the letters of the word “family”, playing happy families, reading stories, and colouring in animal families will be part of the programme.

Alongside these activities, and given the importance of free play for the children’s development, they will be offered various games, such as **construction games** (Kapla, Lego, blocks, etc), **imaginative play** (tea sets, dolls, puppets, etc), **board games** (puzzles, logical games, shape sorting games, etc), as well as suitable books for their age.

During the **culinary activities** every Friday this month, our young chefs will make some **crêpes**, some **homemade pita bread**, a **fruit salad** and some **Hawaiian croque-monsieurs**.

The **psychomotor activity** will take place every Thursday. This will allow the children to improve their coordination and to understand their body better spatially and social interaction.

The **Chaise Musicale** workshop will be back in September to help the children discover music.

ESEDRA Sprl

Head office: Place de Jamblinne de Meux 30 - 1030 Brussels – Belgium

Tel: +32 (0)2743 45 20

VAT: BE 455 532 586

