

### *Scheduled for May 2019 – Babies Section*

**Please note:** This month, the nursery will be closed on:

01/05 (public holiday)

09/05 (staff training day)

30 and 31/05 (public holiday)

Continuing our educational programme, our team of nursery carers will stimulate the children's development through the **"five senses"** while helping them to discover their environment by offering suitable **sensory activities**. These activities will take various formats and will focus on one or several senses at the same time.

This month, the team of nursery carers will offer the children several activities: we will again focus on the 5 senses, in particular with handling activities: **"sensory trays of feathers"** and **"the touch and feel board"**, which will allow the children to explore different textures and colours. **"Surprise"** activities are planned, as well as a **"cork painting"** activity to stimulate the children's creativity. We will also **"read a story"** to stimulate the children's language. Furthermore, a **"percussions"** activity is planned to teach the children about music and rhythm.

Given the importance of free play and free exploration of the environment in the children's development, they will also be provided with suitable toys and games for their age: rattles, musical instruments, toy cars, books, pull-along toys, abacuses, spinning tops, scarves, animal stacking games, tea sets, etc.

**The culinary activity** will take place every Thursday and will help develop the children's sense of taste, smell and touch. This month, the culinary activities will involve the discovery of certain spices: **cumin** and **oregano** will be part of the programme.

The **psychomotor activity**, which will take place on Wednesdays, will support the children in their motor skills development and allow them to understand their body better spatially.

The **Chaise Musicale** workshop will take place on 20th May 2019.

#### **ESEDRA Sprl**

Head office: Place de Jamblinne de Meux 30 - 1030 Brussels – Belgium

Tel: +32 (0)2743 45 20

VAT: BE 455 532 586

### *Scheduled for May 2019 – Toddlers Section*

**Please note:** This month, the nursery will be closed on:

01/05 (public holiday)

09/05 (staff training day)

30 and 31/05 (public holiday and a replacement for 27/09)

This month, the theme of **flowers** will be highlighted in the class.

The children will get the chance to discover the theme thanks to picture books, and artistic and creative activities (crafts, hand and feet painting, collages, etc). The nursery carers will also offer surprise activities. Drawing activities will also be part of the programme to stimulate the children's fine motor skills.

Alongside this theme, and taking into account the importance of free play in their development, the children will be offered various games, such as construction games (Kapla, Lego, blocks, etc), imaginative play (dolls, tea sets, etc), board games (puzzles, etc), dressing up, musical instruments, etc.

The **culinary activity** will take place every Wednesday. This month, our young chefs will get the chance to make **birthday muffins, croque-monsieurs, crêpes** and a **bacon and parmesan omelette**.

The **psychomotor activity** will take place every Tuesday. This will help the children stimulate their motor skills development and their understanding of space.

The **Chaise Musicale** workshop will take place on 20th May 2019.

### *Scheduled for May 2019 – School Section*

#### **ESEDRA Sprl**

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**Please note:** This month, the nursery will be closed on:

01/05 (public holiday)

09/05 (staff training day)

30 and 31/05 (public holiday)

This month, the team has chosen to tackle several themes: an “**introduction to oral hygiene**”, “**planting**”, as well as “**fruit and vegetables**”.

The theme of **oral hygiene** will be introduced during the first week of the month, while alternating with surprise activities: picture books, creative workshops, learning how to brush your teeth and putting it into practice after meals, which will all be part of the programme. After this first week, we hope to be able to continue this new routine during the time for personal hygiene before taking a nap. Everything will be put in place from an organisational point of view to follow the children in their first attempts at the nursery and then to encourage them to get into the habit of doing this every day.

While taking advantage of spring and the beautiful weather, the team has chosen to tackle the theme of **planting** during the second week of May: picture books, scientific discovery with planting seeds, handling workshops with soil, gardening and planting workshops in the garden will be part of the programme. Creative workshops (decorating small pots, collages and various crafts) will also be organised.

Finally, the last two weeks of the month will be dedicated to fruit and vegetables: picture books, visual and taste discrimination games, colouring in, association games, drawing, pointillism, watercolours, painting, pastels and memory games are planned. This theme will be part of continuing the theme of planting and will also allow the children to get back in the garden for a few activities.

Alongside these activities, and given the importance of free play for the children’s development, they will be offered various games, such as **construction games** (Kapla, Lego, blocks, etc), **imaginative play** (tea sets, dolls, puppets, etc), **board games** (puzzles, logical games, shape sorting games, etc), as well as suitable books for their age.

During the **culinary activities** every Friday this month, our young chefs will make some **shortbread**, a **lentil salad** and a **fruit salad**.

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[www.esedraservices.com](http://www.esedraservices.com)

The **psychomotor activity** will take place every Thursday. This will allow the children to improve their coordination and to understand their body better spatially.

The **Chaise Musicale** workshop will take place on 20th May 2019.

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